

YOUTH BASEBALL

RULES AND REGULATIONS – 11-13-year-olds (Major League)

1. Every player must play in at least two innings in the field and bat at least once per game.
2. Teams will bat the entire roster; however, innings will still end after 3-outs are made. Teams can start the game with a minimum of 8 players; no out will be charged in the ninth hole. Teams may score no more than 8 runs per inning. Once that happens the inning is over, and the defensive team will bat.
3. There will be a run rule of 10 runs after 4 innings. If the home team is ahead by 12 runs and the end of 3 ½, 4 ½, 5 ½ innings etc., the game is over.
4. Games are scheduled for 6 innings. Games cannot end in a tie. For tournament play a minimum of 5 innings will be played.
5. No new inning can begin after 1:40. If so desired, the visiting team needs to take infield 20 minutes before game time. The home team 10 minutes before game time. The second game teams will only take infield if time allows.
6. The batter may advance on a dropped third strike. Base runners can advance at their own risk.
7. No pitcher can pitch more than 6 innings in two consecutive games or in any one day. An appearance in an inning constitutes a whole inning. There is a pitch count of 75-pitches per pitcher per game.
8. Free substitutions are allowed to insure playing time. However, a pitcher cannot re-enter as a pitcher. Once a player has pitched, they cannot move to another position and come back to pitcher.
9. Steals and lead offs are allowed. Once a lead of 10 or more occurs, runners cannot steal home or advance to home on a passed ball.
10. Bases will be 70 feet apart and the pitching mound will be 50 feet from home plate.
11. Courtesy runners are allowed for the current pitcher and catcher. The courtesy runner must be a player not currently playing the field and does not count as innings played
12. **Code of Conduct** - No player, coach, or spectator at any time shall lay a hand upon, shove, strike, threaten, or use obscene language toward an umpire, player, coach, spectator or Rec. staff member. Any person doing so will be removed from the game and will only be allowed to return upon consent of the Recreation District Supervisor.
13. Any coach, player, or fan that is ejected from game or complex will serve an automatic one game suspension and will only be allowed to return with the consent of the Recreation District.
14. **Protective Headgear** - Shall be worn at all practices and games, while on deck, in the coaches' box, batting and as a base runner. If a player doesn't have a helmet on, he/she must stay in the dugout.

15. **Tobacco** - The use of tobacco products (including smokeless tobacco) are prohibited at all Cañon City Youth Baseball games and practices.

16. Bats cannot exceed 1.15 BPF. 2 ¼-inch to 2 ¾-inch barrels are legal.

17. No Bulldogging. Base runners must slide on close plays other than at first base. Catchers cannot block home plate! No metal spikes are allowed.

18. Games will be played with a Rawlings Little League regulation baseball.

19. National Federation of State High School Associations (NFHS) baseball rules will apply other than what is addressed here.

RULES AND REGULATIONS – 9-10 years old (Minor League)

1. Every player must play at least two innings in the field and bat at least once per game. Free substitutions are allowed in the field to assure minimum playing time. Teams will bat the entire roster; however, innings will still end after 3 outs are made. Teams can start the game with a minimum of 8 players; no out will be charged in the ninth or tenth hole.
2. There will be an 8 run limit each half inning.
3. Games are scheduled for 6 innings.
4. No stealing or leading off. Baserunners are allowed to advance to second or third on a wild pitch or passed ball. They cannot advance home and they cannot advance from first to third on the same pitch.
5. Bunting is allowed.
6. National Federation of State High School Associations (NFHS) baseball rules will apply other than what is addressed here.
7. Bases will be 60 feet apart and the pitching rubber will be 45 feet from home plate.
8. One base allowed on an over-throw. Coaches should teach players to get ball to the center of the diamond.
9. No new inning can start after 1:30 minutes.
10. No pitcher can pitch more than 5 innings in two consecutive games. There is a pitch count of 70 pitches per pitcher per game.
11. **Code of Conduct** - No player, coach, or spectator at any time shall lay a hand upon, shove, strike, threaten, or use obscene language toward an official, player, coach, spectator Rec. staff member. Any person doing so will be removed from the game and will only be allowed to return upon consent of the Recreation District Supervisor.
12. Any coach, player, or fan that is ejected from game or complex will serve an automatic one game suspension and will only be allowed to return with the consent of the Recreation District.
13. **Protective Headgear** - Shall be worn at all practices and games, while on deck, in the coaches' box, batting and as a base runner. If a player doesn't have a helmet on, he/she must stay in the dugout.
14. **Tobacco** - The use of tobacco products (including smokeless tobacco) are prohibited at all Cañon City Youth Baseball games and practices.
15. No metal spikes are allowed.
16. Bats cannot exceed -12 and a 2 ¼ - inch wide barrel.
17. No Bulldogging. Base runners must slide on close plays other than at first base.
18. Games will be played with Rawlings Little League regulation baseballs.

RULES AND REGULATIONS – 7-8 years old (Rookie League)

1. Teams must bat through entire lineup before the other team comes to bat. Teams will bat their entire roster every half inning, regardless of outs made. Teams also play entire roster in the field, extra outfielders, infielders, etc.
2. There are no substitutions since every player is playing the field and batting every inning.
3. No stealing, leading off or bunting.
4. Games are scheduled for 4 innings.
5. Bases will be 60 feet apart and coaches will pitch approximately 45 feet from home plate.
6. One base allowed on an over-throw. Coaches should teach players to get ball to the center of the diamond.
7. Coaches will pitch to their own batters a maximum of five pitches. After three strikes, or if the ball has not been hit into fair territory after the five pitches, the batter is out. Coaches: do not abuse this rule by letting batters stand up there until they hit the ball. This would take more time than necessary and probably only two innings would be finished before the game time is over.
8. There will be a 1:30 minute time limit. No new inning will start after 1:10 minutes.
9. The defensive team coach will shag the balls when the catcher misses the ball. The coach who is pitching will also serve as the umpire.
10. **Code of Conduct** - No player, coach, or spectator at any time shall lay a hand upon, shove, strike, threaten, or use obscene language toward an official, player, coach, spectator Rec. staff member. Any person doing so will be removed from the game and will only be allowed to return upon consent of the Recreation District Supervisor.
11. Any coach, player, or fan that is ejected from game or complex will serve an automatic one game suspension and will only be allowed to return with the consent of the Recreation District.
12. **Protective Headgear** - Shall be worn at all practices and games, while on deck, in the coaches' box, batting and as a base runner. If a player doesn't have a helmet on, he/she must stay in the dugout.
13. **Tobacco** - The use of tobacco products (including smokeless tobacco) are prohibited at all Cañon City Youth Baseball games and practices.
14. No metal spikes are allowed.
15. Bats cannot exceed -12 and a 2 1/4-inch wide barrel.
16. No Bulldogging. Base runners must slide on close plays other than at first base.
17. Games will be played with AD Starr safety balls.

RULES AND REGULATIONS – 5-6 years old (T-BALL)

1. Teams must bat through entire lineup before the other team comes to bat. Teams will bat their entire roster every half inning, regardless of outs made. Teams also play entire roster in the field, extra outfielders, infielders, etc.
2. No stealing, leading off or bunting.
3. Games are scheduled for 3 innings.
4. Bases will be 60 feet apart.
5. No bases on an overthrow. Coaches should teach players to get ball to the center of the diamond.
6. Each batter will get a maximum of 3 swings. After three strikes, or if the ball has not been hit into fair territory, the batter is out.
7. There will be a 1:30 minute time limit. No new inning will start after 1:10 minutes.
8. The offensive team coach will place the ball on the tee. The defensive team is allowed to have three coaches on the field to help. A defensive coach will serve as umpire.
9. **Code of Conduct** - No player, coach, or spectator at any time shall lay a hand upon, shove, strike, threaten, or use obscene language toward an official, player, coach, spectator Rec. staff member. Any person doing so will be removed from the game and will only be allowed to return upon consent of the Recreation District Supervisor.
10. Any coach, player, or fan that is ejected from game or complex will serve an automatic one game suspension and will only be allowed to return with the consent of the Recreation District.
11. **Protective Headgear** - Shall be worn at all practices and games, while on deck, in the coaches' box, batting and as a base runner. If a player doesn't have a helmet on, he/she must stay in the dugout.
12. **Tobacco** - The use of tobacco products (including smokeless tobacco) are prohibited at all Cañon City Youth Baseball games and practices.
13. No metal spikes are allowed.
14. Bats cannot exceed -12 weight and 2 1/4-inch barrel.
15. No Bulldogging. Base runners must slide on close plays other than at first base.
16. Games will be played with AD Starr safety balls